

SMOKING CESSATION PRODUCTS

| BRAND | INGREDIENT(S)/STRENGTH(S) | DOSAGE |
|---|---------------------------|--|
| Habitrol Nicotine Transdermal System Patch Step 1 | Nicotine 21mg | Adults: If smoking >10 cigarettes/day: Weeks 1 to 4: Apply one 21mg patch/day. Weeks 5 to 6: Apply one 14mg patch/day. Weeks 7 to 8: Apply one 7mg patch/day. If smoking ≤10 cigarettes/day: Weeks 1 to 6: Apply one 14mg patch/day. Weeks 7 to 8: Apply one 7mg patch/day. |
| Habitrol Nicotine Transdermal System Patch Step 2 | Nicotine 14mg | Refer to Habitrol Nicotine Transdermal System Patch Step 1 dosing. |
| Habitrol Nicotine Transdermal System Patch Step 3 | Nicotine 7mg | Refer to Habitrol Nicotine Transdermal System Patch Step 1 dosing. |
| NicoDerm CQ Step 1 Clear Patch | Nicotine 21mg | Adults: If smoking >10 cigarettes/day: Weeks 1 to 6: Apply one 21mg patch/day. Weeks 7 to 8: Apply one 14mg patch/day. Weeks 9 to 10: Apply one 7mg patch/day. If smoking ≤10 cigarettes/day: Weeks 1 to 6: Apply one 14mg patch/day. Weeks 7 to 8: Apply one 7mg patch/day. |
| NicoDerm CQ Step 2 Clear Patch | Nicotine 14mg | Refer to NicoDerm CQ Step 1 Clear Patch dosing. |
| NicoDerm CQ Step 3 Clear Patch | Nicotine 7mg | Refer to NicoDerm CQ Step 1 Clear Patch dosing. |
| Nicorette 2mg Gum | Nicotine polacrilex 2mg | Adults: If smoking first cigarette >30 minutes after waking up, use 2mg gum. Weeks 1 to 6: 1 piece q1-2h. Weeks 7 to 9: 1 piece q2-4h. Weeks 10 to 12: 1 piece q4-8h. Max: 24 pieces/day. |
| Nicorette 4mg Gum | Nicotine polacrilex 4mg | Adults: If smoking first cigarette ≤30 minutes after waking up, use 4mg gum. Weeks 1 to 6: 1 piece q1-2h. Weeks 7 to 9: 1 piece q2-4h. Weeks 10 to 12: 1 piece q4-8h. Max: 24 pieces/day. |
| Nicorette 2mg Lozenges | Nicotine polacrilex 2mg | Adults: If smoking first cigarette >30 minutes after waking up, use 2mg lozenge. Weeks 1 to 6: 1 lozenge q1-2h. Weeks 7 to 9: 1 lozenge q2-4h. Weeks 10 to 12: 1 lozenge q4-8h. Max: 5 lozenges/6 hours or 20 lozenges/day. |
| Nicorette 4mg Lozenges | Nicotine polacrilex 4mg | Adults: If smoking first cigarette ≤30 minutes after waking up, use 4mg lozenge. Weeks 1 to 6: 1 lozenge q1-2h. Weeks 7 to 9: 1 lozenge q2-4h. Weeks 10 to 12: 1 lozenge q4-8h. Max: 5 lozenges/6 hours or 20 lozenges/day. |
| Nicorette 2mg mini Lozenges | Nicotine polacrilex 2mg | Adults: If smoking first cigarette >30 minutes after waking up, use 2mg lozenge. Weeks 1 to 6: 1 lozenge q1-2h. Weeks 7 to 9: 1 lozenge q2-4h. Weeks 10 to 12: 1 lozenge q4-8h. Max: 5 lozenges/6 hours or 20 lozenges/day. |
| Nicorette 4mg mini Lozenges | Nicotine polacrilex 4mg | Adults: If smoking first cigarette ≤30 minutes after waking up, use 4mg lozenge. Weeks 1 to 6: 1 lozenge q1-2h. Weeks 7 to 9: 1 lozenge q2-4h. Weeks 10 to 12: 1 lozenge q4-8h. Max: 5 lozenges/6 hours or 20 lozenges/day. |